

# The Holistic Heart of Tampa

The Seminole Heights  
Healing Community  
Presents

# Health Fair

*Come and learn about...*

*Yoga • Acupuncture • Psychotherapy • Sound  
Therapy • Hypnotherapy • Personal Fitness •  
Chiropractic • Massage Therapy • Colon Hydrotherapy  
• Body, Bath & Home Products*

*...from local, independent practitioners*

*FREE Yoga Classes, Sound Journey performance  
and a cool yoga art project for adults & kids!*

# Saturday, January 22

*11am til 2pm*

*@ The Seminole Heights Garden Center  
5800 North Central Ave | Tampa*

*More info @ Becky Rubright - 813-892-6909*

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